



On-Point with Capstone



Dear *|FANME|*,

Welcome to the start of the new Performance year 2024/2025 everyone! (if these timelines are applicable to your Performance cycle).

For us these past 3 months have been filled with Offsites, Hope and Optimism to Excel.

It has also been an opportunity for Reflections around building the optimal Culture that can support these dreams and plans. That is the beauty of these times of upheavals and distinctive opportunities... We are wonder struck with stories of Ingenuity, Business Model Innovations and success stories of our clients who are constantly navigating tectonic shifts to influence across stakeholders to land on their feet!!

OKRs this time saw including desired Leadership Behaviours being included as Strategic Pillars, and we have participated with excitement to help build this into the overall agenda for moonshot Goals and High Performance.

Leadership Lessons from Jazz Music for a group of 350 People Managers, **Leading with EQ** and **Building Leadership Gravitas and Maturity** have dominated our work.

It's interesting to note, that even as the pressures for performance has lead to some degree of turmoil within teams, the unanimous *ask is for demonstrating more Leadership Maturity across levels.*

Our association with **Duke Corporate Education**-ranked No.1 Worldwide is another opportunity to take our impactful solutions, and marry them with how the rest of the world is solving wicked problems, and bring that value back to our Indian clients!

It's wonderful to see how Culture emerged as the Key differentiator each time.. these are indeed interesting times... Do continue questioning old paradigms, building new perspectives.. until we connect again!

Warm regards,
Dr Sujaya Banerjee



Delighted to let you know that I am part of the prestigious **Global Faculty** network of **Duke Corporate Education**-ranked **#1 worldwide in Executive Education** by **The Financial Times**.

LEADERSHIP LESSONS FROM JAZZ MUSIC - We delivered this unique session based on the research from various leading global universities and Barret's research on the powerful metaphors from Jazz Music for leading in the 21st century!!
 Delivered in the backdrop of a live vibrant Jazz Band, here are the invaluable insights from Jazz for the contemporary 21st century professional...

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WHAT ARE YOUR 20s FOR?

This is easily one of the most important TED talks I have heard for sometime, and absolutely Everyone will resonate with this wisdom! Have often heard friends, colleagues and clients say that Gen Z has time- they don't need...

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3 STRATEGIES FOR BUILDING RESILIENCE

Such a short powerful Ted talk on 3 Strategies for building Resilience-

1. Acceptance in the moment- Resilient people know that things go wrong and that...

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Relaxing is not the only way to recharge. Finding meaning is a source of fuel.

A restorative break doesn't just avoid tasks that burn you out. It adds people and projects that fire you up.

Detaching from stress prevents exhaustion. Attaching to purpose elevates energy.

FINDING MEANING TO ENERGISE

This is so my philosophy for remaining energized rather than needing to zone out, and detach from the source of stress to prevent exhaustion...

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Being in a bad mood is not a license to be unkind. Being sensitive is not an excuse for being abusive.

Respect is a social responsibility. Treating it as optional reveals a lack of concern for others.

A mark of character is maintaining civility when things don't go your way.

RESPECT - A SOCIAL RESPONSIBILITY?

This Adam Grant post resonates deeply for the chaos experienced in workplaces, especially with pressures to deliver on larger remits, constant demands to scale up for growth...

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RECOMMENDED VIDEOS

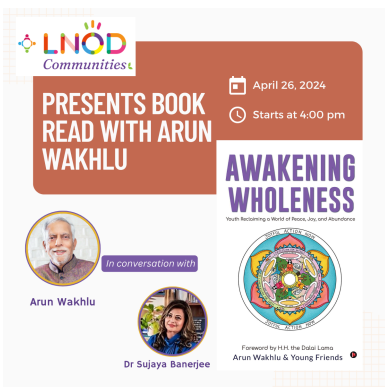


EMILY ESFAHANI SMITH: THERE IS MORE TO LIFE THAN BEING HAPPY



ADAM GRANT: HOW TO STOP LANGUISHING AND START FINDING FLOW

LNOD COMMUNITIES - UPCOMING EVENT



Join us with **Arun Wakhlu** for his Book Read **“Awakening Wholeness”** on **April 26, 4 pm.**

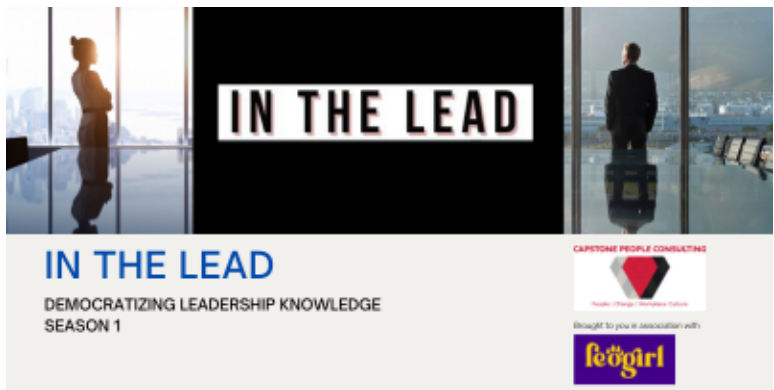
Arun Wakhlu is a distinguished and iconic Learning professional, so well regarded for his many contributions to the Community as a Facilitator and Inspirer of Leadership across organizations.

REGISTER NOW!

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SEASON 1



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